

Deer Lakes School District  
SECONDARY 6-12 MENU



# April Menu



THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER  
MENUS SUBJECT TO CHANGE

## AVAILABLE DAILY

### ALTERNATE LUNCH ENTREE ITEMS

ITALIAN HOAGIE  
PEANUT BUTTER AND JELLY SANDWICH  
CHEF'S SALAD

### CHOICE OF MILK/JUICE

FAT FREE, 1% WHITE, 1% CHOCOLATE,  
1% STRAWBERRY, & 1% VANILLA MILK  
ASSORTED 100% FRUIT JUICE

### BREAKFAST

ASSORTED CEREAL, POPTARTS, MUFFINS, AND MUFFIN TOPS



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<b>April 1<sup>st</sup></b>  <b>Breakfast</b> Homemade WG Donuts Choice of Fruit 100% Fruit Juice  <b>Lunch</b> Pierogies w/ Sauteed Onions Steamed Green Beans Assorted Fruit Choice of Vegetable
				<b>April 4<sup>th</sup></b>  <b>Breakfast</b> Fresh Smoothies Choice of Fruit 100% Fruit Juice  <b>Lunch</b> French Toast Sticks w/ Sausage Patties Hashbrowns Assorted Fruit Choice of Vegetable

Fruit Options May Include:	Vegetable Options May Include:
* Blueberries * Diced Peaches * Sliced Peaches * Diced Pears * Fresh Apple Slices * Fresh Orange * Mandarin Oranges * Mixed Fruit Cup * Petite Banana * Pineapple Tidbits * Red Delicious Apple * Sliced Peaches * Tropical Fruit Salad	* Broccoli Salad * Cole Slaw * Crisp Baby Carrots * Crisp Celery Sticks * Fresh Broccoli Florets * Fresh Cucumber Slices * Fresh Red & Green Peppers * Garden Salad * Roasted Chickpeas

Deer Lakes School District is an equal opportunity education institution and will not discriminate on the basis of race, color national origin, sex, age and handicap in its activities, programs or employment practices as required by Title VI, Title IX, Section 504 and further, with the PA Human Relations Act. For info. regarding civil rights or grievance procedures, contact the Title IX Coord. or the Section 504/ADA Title II Coord. at (724-265-5300). For info. regarding services, activities and facilities that are accessible to and usable by handicapped persons, contact the School Board Secretary (724-265-5300)

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CHEF'S SALAD

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1% STRAWBERRY, & 1% VANILLA MILK  
ASSORTED 100% FRUIT JUICE

### BREAKFAST

ASSORTED CEREAL, POPTARTS, MUFFINS, AND MUFFIN TOPS

#### Fruit Options May Include:

- \* Blueberries
- \* Diced Peaches
- \* Sliced Peaches
- \* Diced Pears
- \* Fresh Apple Slices
- \* Fresh Orange
- \* Mandarin Oranges
- \* Mixed Fruit Cup
- \* Petite Banana
- \* Pineapple Tidbits
- \* Red Delicious Apple
- \* Sliced Peaches
- \* Tropical Fruit Salad

#### Vegetable Options May Include:

- \* Broccoli Salad
- \* Cole Slaw
- \* Crisp Baby Carrots
- \* Crisp Celery Sticks
- \* Fresh Broccoli Florets
- \* Fresh Cucumber Slices
- \* Fresh Red & Green Peppers
- \* Garden Salad
- \* Roasted Chickpeas

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
April 11 <sup>th</sup>	April 12 <sup>th</sup>	April 13 <sup>th</sup>	April 14 <sup>th</sup>	April 15 <sup>th</sup>
<b>Breakfast</b> Fresh Smoothies Choice of Fruit 100% Fruit Juice <b>Lunch</b> Maxx Sticks w/ Marinara Sauce Shredded Hashbrowns Assorted Fruit Choice of Vegetable	<b>Breakfast</b> WG Breakfast Pizza Choice of Fruit 100% Fruit Juice <b>Lunch</b> Super Nachos and Cheese Green Beans Assorted Fruit Choice of Vegetable	<b>Breakfast</b> WG Dutch Waffle Choice of Fruit 100% Fruit Juice <b>Lunch</b> French Bread Pizza Potato Wedges Assorted Fruit Choice of Vegetable		
April 18 <sup>th</sup>	April 19 <sup>th</sup>	April 20 <sup>th</sup>	April 21 <sup>st</sup>	April 22 <sup>nd</sup>
		<b>Breakfast</b> WG Dutch Waffle Choice of Fruit 100% Fruit Juice <b>Lunch</b> Loaded Waffle Fries w/ Beef and Cheese Assorted Fruit Choice of Vegetable	<b>Breakfast</b> Warm WG Muffin Choice of Fruit 100% Fruit Juice <b>Lunch</b> Chicken Tenders w/ WG Dinner Roll Steamed Corn Assorted Fruit Choice of Vegetable	<b>Breakfast</b> Homemade WG Donuts Choice of Fruit 100% Fruit Juice <b>Lunch</b> Buffalo Chicken Dip w/ Bread Mixed Vegetables Assorted Fruit Choice of Vegetable
April 25 <sup>th</sup>	April 26 <sup>th</sup>	April 27 <sup>th</sup>	April 28 <sup>th</sup>	April 29 <sup>th</sup>
<b>Breakfast</b> Fresh Smoothies Choice of Fruit 100% Fruit Juice <b>Lunch</b> Macaroni and Cheese w/ WG Soft Pretzel Mixed Vegetables Assorted Fruit Choice of Vegetable	<b>Breakfast</b> WG Breakfast Pizza Choice of Fruit 100% Fruit Juice <b>Lunch</b> Beef and Cheese Tacos Tater Tots Assorted Fruit Choice of Vegetable	<b>Breakfast</b> WG Dutch Waffle Choice of Fruit 100% Fruit Juice <b>Lunch</b> Chicken & Biscuits Mashed Potatoes w/ Gravy Assorted Fruit Choice of Vegetable	<b>Breakfast</b> Warm WG Muffin Choice of Fruit 100% Fruit Juice <b>Lunch</b> Turkey Roast Steamed Carrots Assorted Fruit Choice of Vegetable	<b>Breakfast</b> Homemade WG Donuts Choice of Fruit 100% Fruit Juice <b>Lunch</b> Chicken Parmesan Sandwich Emoticon Fries Assorted Fruit Choice of Vegetable