



DEER LAKES
SCHOOL DISTRICT
Today's Learners. Tomorrow's Leaders



SECONDARY 6-12
APRIL
MENU

AVAILABLE DAILY

ALTERNATE LUNCH ENTREE ITEMS

ITALIAN HOAGIE
PEANUT BUTTER AND JELLY SANDWICH
CHEF'S SALAD

CHOICE OF MILK/JUICE

FAT FREE, 1% WHITE, 1% CHOCOLATE,
1% STRAWBERRY, & 1% VANILLA MILK
ASSORTED 100% FRUIT JUICE

BREAKFAST

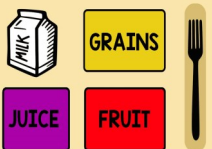
ASSORTED CEREAL, POPTARTS, MUFFINS, AND MUFFIN TOPS



PRFSD
Pittsburgh Regional Food Service Directors

What Makes A
BREAKFAST

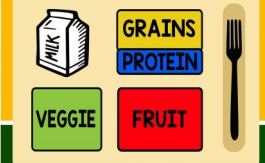
SELECT 3 ITEMS:



one must be a
FRUIT or **JUICE**

What Makes A
LUNCH

SELECT 3-5 ITEMS:



one must be a
FRUIT or **VEGGIE**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
April 3rd	April 4th	April 5th	April 6th	April 7th
Breakfast Fresh Smoothies Choice of Fruit 100% Fruit Juice Lunch Italian Dunkers Mixed Vegetables Assorted Fruit Choice of Vegetable	Breakfast WG Breakfast Pizza Choice of Fruit 100% Fruit Juice Lunch Grilled Cheese & Tomato Soup Diced Carrots Assorted Fruit Choice of Vegetable	Breakfast WG Dutch Waffle Choice of Fruit 100% Fruit Juice Lunch Hot Turkey & Cheese Sandwich on a Pretzel Bun Spiral Fries Assorted Fruit Choice of Vegetable		
April 10th	April 11th	April 12th	April 13th	April 14th
		Breakfast WG Dutch Waffle Choice of Fruit 100% Fruit Juice Lunch Max Sticks W/ Marinara Sauce Steamed Corn Assorted Fruit Choice of Vegetable	Breakfast Breakfast Sandwich Choice of Fruit 100% Fruit Juice Lunch Orange Kissed Chicken Bowl Brown Rice Assorted Fruit Choice of Vegetable	Breakfast Homemade Donuts Choice of Fruit 100% Fruit Juice Lunch Baked Ziti w/ Breadstick Rosemary Red Potatoes Assorted Fruit Choice of Vegetable
April 17th	April 18th	April 19th	April 20th	April 21st
Breakfast Fresh Smoothies Choice of Fruit 100% Fruit Juice Lunch BBQ Rib Sandwich Potato Wedges Assorted Fruit Choice of Vegetable	Breakfast WG Breakfast Pizza Choice of Fruit 100% Fruit Juice Lunch Double Taco Tuesday!!! Steamed Corn & Refried Beans Assorted Fruit Choice of Vegetable	Breakfast WG Dutch Waffle Choice of Fruit 100% Fruit Juice Lunch Philly Cheese Steak Hoagie French Fries Assorted Fruit Choice of Vegetable	Breakfast Breakfast Sandwich Choice of Fruit 100% Fruit Juice Lunch Lasagna Roll Ups Steamed Green Beans Assorted Fruit Choice of Vegetable	Breakfast Homemade Donuts Choice of Fruit 100% Fruit Juice Lunch Breakfast for Lunch!!! Pancakes w/ Scrambled Eggs and Bacon Assorted Fruit Choice of Vegetable
April 24th	April 25th	April 26th	April 27th	April 28th
Breakfast Fresh Smoothies Choice of Fruit 100% Fruit Juice Lunch Mini Corn Dog Nuggets French Fries Assorted Fruit Choice of Vegetable	Breakfast WG Breakfast Pizza Choice of Fruit 100% Fruit Juice Lunch Super Nacho's & Cheese Tater Tots Assorted Fruit Choice of Vegetable	Breakfast WG Dutch Waffle Choice of Fruit 100% Fruit Juice Lunch Sliced Ham w/ Dinner Rolls Mashed Potatoes & Gravy Assorted Fruit Choice of Vegetable	Breakfast Breakfast Sandwich Choice of Fruit 100% Fruit Juice Lunch General Tso's Chicken Bowl Brown Rice & Broccoli Assorted Fruit Choice of Vegetable	Breakfast Homemade Donuts Choice of Fruit 100% Fruit Juice Lunch Mac N' Cheese w/ Garlic Bread Steamed Broccoli Assorted Fruit Choice of Vegetable