



# Counseling Resources

Updated 2020

<p>Allegheny Associates of Psychiatry Deborah Nardelli D&amp;A Also Natrona Heights and Oakmont 724-224-9333 <i>(Availability: Openings for telehealth only; Unknown date for return to in person)</i></p>	<p>Child Development Unit - Children's Hospital 412-692-5589 <i>(Wait List)</i></p>
<p>Alliance Psychological Associates 4655 William Flynn Highway Allison Park 412-492-8585 <i>( Primarily telehealth/ In person available for young children only Following strict Covid guidelines. Most commercial insurance accepted. Does not accept UPMC for you or Gateway)</i></p>	<p>Community Psychiatric Centers Comprehensive Psychiatric &amp; Psychological Evaluations - cpcwecare.com New Ken 1-877-899-6500 or 724-850-7200</p>
<p>Anchorpoint Counseling Ministry 800 McKnight Park Drive, Suite 802 Pittsburgh, PA 15237 412-366-1300</p>	<p>Cranberry Psychological Center Cranberry/Aspinwall 1378 Freeport Road Pittsburgh, PA 15238 412-406-8080 <i>( Providing Telehealth and In Person services. Follow strict covid guidelines. Accepts most commercial insurance. Does not accept UPMC for you or Gateway)</i></p>
<p>Lisa McDonough LCSW 1370 Old Freeport Rd Suite B Pgh Pa 15238 412-963-9220 <i>(Telehealth Only, at this time) Autism Specialty/ LGBT Accepts most Major Insurances and UPMC For you. Sliding scale available.</i></p>	<p>Child &amp; Adolescent Psychiatric Solutions 6500 Brooktree Rd Suite 208 Wexford Pa 15090 Therapists available. Dr. Dan Udrea - Psychiatrist 724-799-8558 <i>( Primarily Telehealth.In Person limited to those who may not have coverage for telehealth.Following strict covid guidelines/mandatory pre-appointment screening. Accepts most commercial insurance / No UPMC for you or Gateway</i></p>

<p>The Caring Place Center for Grieving Children and Families 200 Warrendale Village Dr. Warrendale 412-544-6334</p>	<p>Family Behavioral Resources (OP, Med Mang, PCIT, SBMH) 3 Kensington Square New Kensington, PA 15068 724-335-9733 BHRS- Wrap-Around 412-824-4008 (Monroeville)</p>
<p>Children's Hospital - Behavioral Therapists Child &amp; Family Counseling Center 11279 Perry Highway 204, Suite 107 Wexford, PA 724-933-3910</p>	<p>Gateway Rehab - D&amp;A, IOP Fox Chapel 1360 Old Freeport Road, #3B Pittsburgh, PA 15238 412-963-7077 (<i>Primarily telehealth sessions, some exceptions for individual sessions. At this time IOP, available only at North Hills Office, call 412-963-7077 ext 2209. Accepts most commercial and Medicaid insurances. Strict covid guidelines for in person sessions. No waitlist at this time.</i>)</p>

<p>The Good Grief Center (Bereavement Support) 2717 Murray Ave. Pittsburgh, PA 412-224-4700</p>	<p>Oakmont Psychological/Four Seasons 508 Allegheny River Blvd # 204, Oakmont, PA 15139 <a href="tel:4128269151">(412) 826-9151</a> (<i>Telehealth and in person sessions. Following strict covid guidelines. Accepts most Major Insurances</i>)</p>
<p>National CRISIS TEXT LINE 741741</p>	<p>Michael Stephens, PhD, LPC Individual, Family, and Couples 12320 Route 30 Unit 7 Huntingdon Township, PA 15642</p>

<p>Kristen Brozek, LPC  2585 Freeport Road  Suite 209  Pittsburgh, Pennsylvania 15238  (878) 201-4697</p>	<p>ReSolve - <a href="tel:8887968226">(888) 796-8226</a> 24 Hour Crisis Hotline</p>
<p>Life's Journey Counseling Center, Inc.  (MFT, Children, Families)  3063 Freeport Road, Suite B  Natrona Heights, PA  724-766-9238  <i>(Availability: Telehealth for all and In-person for Adults; Unknown end date for telehealth)</i></p>	<p>Suicide Prevention Hotline  1-800-273-8255</p>
<p>Mercy Behavioral Health  1-877-637-2924 (Crisis Center)  412-697-0707 (WRAP Services)</p>	<p>Summit Psychological Services  1350 Old Freeport Road, Suite 1A  Pittsburgh, PA 15238  412-406-7734  <i>(Telehealth only. Accepts most Major commercial insurance/UPMC for you.)</i></p>
<p>North Hills Psychological Associates, Inc.  10475 Perry Highway, Town Centre,  Wexford Pa 15090  724-759-7500  <i>( Primarily telehealth/Limited Inperson. Accepts most Major insurances. Does not accept UPMC for you or Gateway)</i></p>	<p>Wesley Family Services (OP, FBased)  310 Central City Plaza  New Kensington, PA 15068  724-335-9883</p>
<p>New Direction Counseling Services  (Nutritionist) Psychiatrist &amp; Therapists   117 VIP Drive #310, Wexford, PA 15090  (724) 934-3905</p>	<p>Western Psych (WPIC)  412-624-1000</p>
<p>Psychological Associates, Inc.  4284 William Flynn Highway  Allison Park, PA 15101  412-486-2948  <i>Telehealth and in-person appointments available. Psychiatrists on site. Accepts most Major Insurances and Managed Care.)</i></p>	<p>Wexford Counseling Services  11676 Perry Highway, Bldg II, Suite 2108  Wexford, PA 15090  412-944-6400 (PCIT available)  Monroeville/Plum Location  7950 Saltsburg Rd Suite #4 Pgh Pa 15239  <i>( 6 month waitlist for Wexford office.</i></p>

	<p><i>Openings at Monroeville office. Telehealth for Individual therapy; In person for PCIT only. Accepts most commercial and UPMC for you/Gateway.</i></p>
<p>Pyramid (Ridgeview) Drug and Alcohol Teen Inpatient and IOP 447 Gibsonia Road Gibsonia, PA 15044 724-443-3220</p>	<p>Allegheny Valley MH Associates 1326 Freeport Rd. #250 Pgh. Pa. 15238 412-967-0610 Monroeville Office 4232 Northern Pike Commerce Building Suite 304 Monroeville Pa. 15146 412-967-5660 ( Telehealth only. Accepts most Major and Managed Care Insurances.) Neurological Psych. Testing available.)</p>
<p>Pittsburgh Psychotherapy Associates 9410 McKnight Rd. Suite 105 Pgh. Pa. 15237 412-367-0575 ( Accepts most Major insurance.Does not accept Medicaid or Medicare.) Services for Autistic Clients available. Telehealth and in-person appointments available.</p>	<p>Anna Marie Breaux, Ph D. Psychologist 4284 Route 8, Suite 307 Allison Park, PA . (412) 487-6444</p>
<p>Malec, Herring, and Krause 195 Crowe Avenue Mars, PA 16046 724-772-4949 <a href="http://www.MalecHerringandKrause.com">www.MalecHerringandKrause.com</a></p>	<p>Children Overcoming Obstacles and Limits (COOL) Zone Pine Center <b>Danielle Persing, MS, LPC</b> <b>11279 Perry Highway, Suite 500</b> <b>Wexford, PA 15090</b></p> <p><b>Office: 412-383-1559</b></p> <p><b>Cell: 412-215-8898</b> <b>Email: <a href="mailto:persingd@upmc.edu">persingd@upmc.edu</a></b> <b><a href="mailto:CoolZonePineCenter@upmc.edu">CoolZonePineCenter@upmc.edu</a></b></p>
<p>AXIOM Family Counseling 3 Kensington Square New Kensington, Pa 878-847-7179 or 724-522-5456 (Telehealth and In-person appointments. Following strict covid guidelines. Accepting most major Health insurances and Medicaid.)</p>	<p><b>(Jennifer W Ketler Counseling Services</b> 4284 William Flynn Highway Suite 308 Allison Park, Pa 15101 412-897-2926 ( Telehealth only. 1 month wait list. Accepts Most Major Insurance. No Medicare.) ( <b>Ann Flaherty</b> (Associate) 412-849-8771 Accepting new Clients. Telehealth only. Adolescents /Adults.Takes most Major</p>

	<i>Insurance Medicaid pending. In addition Ann offers Equine Therapy covered by most Major Insurance )</i>
SAMHSA National Helpline 1- 800 -662 -HELP 4357	<i>Dunlap &amp; Associates Counseling 20421 RT-19, Suite 310, Cranberry Twp, PA, 16066 (724) 709 - 4667 <a href="mailto:kreda.at@gmail.com">kreda.at@gmail.com</a> <a href="http://www.dunlapandassociatescounseling.com">www.dunlapandassociatescounseling.com</a></i>
Wonderkids - Wesley Family Services Social Skills Group for ages 5-20 with Autism Spectrum Disorder or Social (Pragmatic) Communication Disorder in an Autism center. A referral is required for enrollment. <b>16055 Perry Highway, Wexford, PA 15090</b> 412-342-2270 <a href="#">Wonderkids</a>	

Also visit [Psychology Today](#). There are filtering options for issues, insurance, location, and other preferences.

Counseling in Gibsonia/Hampton