



DEER LAKES
SCHOOL DISTRICT

Today's Learners, Tomorrow's Leaders



SECONDARY 6-12
MARCH
MENU



AVAILABLE DAILY

ALTERNATE LUNCH ENTREE ITEMS

- ITALIAN HOAGIE
- PEANUT BUTTER AND JELLY SANDWICH
- CHEF'S SALAD

CHOICE OF MILK/JUICE

- FAT FREE, 1% WHITE, 1% CHOCOLATE,
- 1% STRAWBERRY, & 1% VANILLA MILK
- ASSORTED 100% FRUIT JUICE

BREAKFAST

ASSORTED CEREAL, POPTARTS, MUFFINS, AND MUFFIN TOPS



PRFSD

Pittsburgh Regional Food Service Directors

	WEDNESDAY	THURSDAY	FRIDAY	
	March 1 st	March 2 nd	March 3 rd	
	<p>Breakfast WG Dutch Waffle Choice of Fruit 100% Fruit Juice</p> <p>Lunch Maxx Sticks Emoji Fries Assorted Fruit Choice of Vegetable</p>	<p>Breakfast Breakfast Sandwich Choice of Fruit 100% Fruit Juice</p> <p>Lunch Chicken and Waffles Tater Tots Assorted Fruit Choice of Vegetable</p>	<p>Breakfast Homemade Donuts Choice of Fruit 100% Fruit Juice</p> <p>Lunch Fish Sticks Waffle Fries Assorted Fruit Choice of Vegetable</p>	
March 6 th	March 7 th	March 8 th	March 9 th	
<p>Breakfast Fresh Smoothies Choice of Fruit 100% Fruit Juice</p> <p>Lunch Pittsburgh Steak Salad w/ Fries Assorted Fruit Choice of Vegetable</p>	<p>Breakfast WG Breakfast Pizza Choice of Fruit 100% Fruit Juice</p> <p>Lunch Taco Tuesday Steamed Corn Assorted Fruit Choice of Vegetable</p>	<p>Breakfast WG Dutch Waffle Choice of Fruit 100% Fruit Juice</p> <p>Lunch Boneless Chicken Wings w/ Sauce on Side Potato Wedges Assorted Fruit Choice of Vegetable</p>	<p>Breakfast Breakfast Sandwich Choice of Fruit 100% Fruit Juice</p> <p>Lunch Chicken & Biscuits Mashed Potatoes w/ Gravy Assorted Fruit Choice of Vegetable</p>	<p>Breakfast Homemade Donuts Choice of Fruit 100% Fruit Juice</p> <p>Lunch Mac N' Cheese w/ Pretzel Steamed Broccoli Assorted Fruit Choice of Vegetable</p>





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PEANUT BUTTER AND JELLY SANDWICH
CHEF'S SALAD

CHOICE OF MILK/JUICE

FAT FREE, 1% WHITE, 1% CHOCOLATE,
1% STRAWBERRY, & 1% VANILLA MILK
ASSORTED 100% FRUIT JUICE

BREAKFAST

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
March 13 th	March 14 th	March 15 th	March 16 th	March 17 th
<p><u>Breakfast</u> Fresh Smoothies Choice of Fruit 100% Fruit Juice</p> <p><u>Lunch</u> Chicken Poppers Roasted Cauliflower Assorted Fruit Choice of Vegetable</p>	<p><u>Breakfast</u> WG Breakfast Pizza Choice of Fruit 100% Fruit Juice</p> <p><u>Lunch</u> Chicken Fajitas Roasted Peppers & Green Beans Assorted Fruit Choice of Vegetable</p>	<p><u>Breakfast</u> WG Dutch Waffle Choice of Fruit 100% Fruit Juice</p> <p><u>Lunch</u> Pancakes w/ Scrambled Eggs Bacon & Shredded Hashbrowns Assorted Fruit Choice of Vegetable</p>	<p><u>Breakfast</u> Breakfast Sandwich Choice of Fruit 100% Fruit Juice</p> <p><u>Lunch</u> Turkey w/ Mashed Potatoes & Gravy Assorted Fruit Choice of Vegetable</p>	<p><u>Breakfast</u> Homemade Donuts Choice of Fruit 100% Fruit Juice</p> <p><u>Lunch</u> Fish Sandwich French Fries Assorted Fruit Choice of Vegetable</p>
March 20 th	March 21 st	March 22 nd	March 23 rd	March 24 th
<p><u>Breakfast</u> Fresh Smoothies Choice of Fruit 100% Fruit Juice</p> <p><u>Lunch</u> Raviolis w/ Marinara Sauce Peas & Carrots Assorted Fruit Choice of Vegetable</p>	<p><u>Breakfast</u> WG Breakfast Pizza Choice of Fruit 100% Fruit Juice</p> <p><u>Lunch</u> Super Nachos French Fries Assorted Fruit Choice of Vegetable</p>	<p><u>Breakfast</u> WG Dutch Waffle Choice of Fruit 100% Fruit Juice</p> <p><u>Lunch</u> Double Bacon Cheeseburger Mixed Vegetables Assorted Fruit Choice of Vegetable</p>	<p><u>Breakfast</u> Breakfast Sandwich Choice of Fruit 100% Fruit Juice</p> <p><u>Lunch</u> Lancer Bowl Steamed Corn Assorted Fruit Choice of Vegetable</p>	<p><u>Breakfast</u> Homemade Donuts Choice of Fruit 100% Fruit Juice</p> <p><u>Lunch</u> Pierogis w/ Sautéed Onions Shoestring French Fries Assorted Fruit Choice of Vegetable</p>
March 27 th	March 28 th	March 29 th	March 30 th	March 31 st
<p><u>Breakfast</u> Fresh Smoothies Choice of Fruit 100% Fruit Juice</p> <p><u>Lunch</u> Pasta Bar w/ Garlic Breadstick Steamed Broccoli Assorted Fruit Choice of Vegetable</p>	<p><u>Breakfast</u> WG Breakfast Pizza Choice of Fruit 100% Fruit Juice</p> <p><u>Lunch</u> Walkin' Taco Tuesday Steamed Green Beans Assorted Fruit Choice of Vegetable</p>	<p><u>Breakfast</u> WG Dutch Waffle Choice of Fruit 100% Fruit Juice</p> <p><u>Lunch</u> Pepperoni Rolls w/ Marinara Sauce Roasted Brussel Sprouts Assorted Fruit Choice of Vegetable</p>	<p><u>Breakfast</u> Breakfast Sandwich Choice of Fruit 100% Fruit Juice</p> <p><u>Lunch</u> Chicken Stir Fry Steamed Rice Assorted Fruit Choice of Vegetable</p>	<p><u>Breakfast</u> Homemade Donuts Choice of Fruit 100% Fruit Juice</p> <p><u>Lunch</u> Shrimp Poppers w/ Sauce Steamed Carrots Assorted Fruit Choice of Vegetable</p>