

Deer Lakes School District
ELEMENTARY K-5 MENU



May/June
Menu



THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER
MENUS SUBJECT TO CHANGE



MAY

AVAILABLE DAILY

ALTERNATE LUNCH ENTREE ITEMS

ITALIAN HOAGIE
PEANUT BUTTER AND JELLY SANDWICH
CHEF'S SALAD

CHOICE OF MILK/JUICE

FAT FREE, 1% WHITE, 1% CHOCOLATE,
1% STRAWBERRY, & 1% VANILLA MILK
ASSORTED 100% FRUIT JUICE

BREAKFAST

ASSORTED CEREAL, POPTARTS, MUFFINS, AND MUFFIN TOPS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
May 2 nd	May 3 rd	May 4 th	May 5 th	May 6 th
<p><u>Breakfast</u> Fresh Smoothies Choice of Fruit 100% Fruit Juice</p> <p><u>Lunch</u> Grilled Cheese Sandwich w/ Tomato Soup Assorted Fruit Choice of Vegetable</p>	<p><u>Breakfast</u> WG Breakfast Pizza Choice of Fruit 100% Fruit Juice</p> <p><u>Lunch</u> Italian Dunkers Peas and Carrots Assorted Fruit Choice of Vegetable</p>	<p><u>Breakfast</u> WG Dutch Waffle Choice of Fruit 100% Fruit Juice</p> <p><u>Lunch</u> Whole Grain Pancake Sausage on a Stick Tater Tots Assorted Fruit Choice of Vegetable</p>	<p><u>Breakfast</u> Warm WG Muffin Choice of Fruit 100% Fruit Juice</p> <p><u>Lunch</u> Maxx Sticks Steamed Carrots Assorted Fruit Choice of Vegetable</p>	<p><u>Breakfast</u> Homemade Donuts Choice of Fruit 100% Fruit Juice</p> <p><u>Lunch</u> Homemade Plain Pizza Waffle fries Assorted Fruit Choice of Vegetable</p>
May 9 th	May 10 th	May 11 th	May 12 th	May 13 th
<p><u>Breakfast</u> Fresh Smoothies Choice of Fruit 100% Fruit Juice</p> <p><u>Lunch</u> WG Popcorn Chicken w/ WG Dinner Roll Shredded Hashbrowns Assorted Fruit Choice of Vegetable</p>	<p><u>Breakfast</u> WG Breakfast Pizza Choice of Fruit 100% Fruit Juice</p> <p><u>Lunch</u> Fajita Chicken on a Whole Grain Wrap Tater Tots Assorted Fruit Choice of Vegetable</p>	<p><u>Breakfast</u> WG Dutch Waffle Choice of Fruit 100% Fruit Juice</p> <p><u>Lunch</u> Hot Dog on a Bun Steamed Green Beans Assorted Fruit Choice of Vegetable</p>	<p><u>Breakfast</u> Warm WG Muffin Choice of Fruit 100% Fruit Juice</p> <p><u>Lunch</u> Pasta w/ Alfredo Sauce Fresh Bread Stick French Fries Assorted Fruit Choice of Vegetable</p>	<p><u>Breakfast</u> Homemade Donuts Choice of Fruit 100% Fruit Juice</p> <p><u>Lunch</u> Homemade Pepperoni Pizza French Fries Assorted Fruit Choice of Vegetable</p>

Fruit Options May Include:

Vegetable Options May Include:

- * Blueberries
- * Diced Peaches
- * Sliced Peaches
- * Diced Pears
- * Fresh Apple Slices
- * Fresh Orange
- * Mandarin Oranges
- * Mixed Fruit Cup
- * Petite Banana
- * Pineapple Tidbits
- * Red Delicious Apple
- * Sliced Peaches
- * Tropical Fruit Salad

- * Broccoli Salad
- * Cole Slaw
- * Crisp Baby Carrots
- * Crisp Celery Sticks
- * Fresh Broccoli Florets
- * Fresh Cucumber Slices
- * Fresh Red & Green Peppers
- * Garden Salad
- * Roasted Chickpeas

Deer Lakes School District is an equal opportunity education institution and will not discriminate on the basis of race, color national origin, sex, age and handicap in its activities, programs or employment practices as required by Title VI, Title IX, Section 504 and further, with the PA Human Relations Act. For info. regarding civil rights or grievance procedures, contact the Title IX Coord. or the Section 504/ADA Title II Coord. at (724-265-5300). For info. regarding services, activities and facilities that are accessible to and usable by handicapped persons, contact the School Board Secretary (724-265-5300)

Deer Lakes School District
ELEMENTARY K-5 MENU



May/June
Menu



THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER
MENUS SUBJECT TO CHANGE

AVAILABLE DAILY

ALTERNATE LUNCH ENTREE ITEMS

- ITALIAN HOAGIE
- PEANUT BUTTER AND JELLY SANDWICH
- CHEF'S SALAD

CHOICE OF MILK/JUICE

- FAT FREE, 1% WHITE, 1% CHOCOLATE,
- 1% STRAWBERRY, & 1% VANILLA MILK
- ASSORTED 100% FRUIT JUICE

BREAKFAST

ASSORTED CEREAL, POPTARTS, MUFFINS, AND MUFFIN TOPS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
May 16 th	May 17 th	May 18 th	May 19 th	May 20 th
<p>Breakfast Fresh Smoothies Choice of Fruit 100% Fruit Juice</p> <p>Lunch WG Chicken Nuggets w/ WG Dinner Roll Green Beans Assorted Fruit Choice of Vegetable</p>	<p>Breakfast WG Breakfast Pizza Choice of Fruit 100% Fruit Juice</p> <p>Lunch Chicken Patty Sandwich Steamed Corn Assorted Fruit Choice of Vegetable</p>	<p>Breakfast WG Dutch Waffle Choice of Fruit 100% Fruit Juice</p> <p>Lunch Cheeseburger on a WG Bun Baked Beans Assorted Fruit Choice of Vegetable</p>	<p>Breakfast Warm WG Muffin Choice of Fruit 100% Fruit Juice</p> <p>Lunch WG Chicken Tenders w/ WG Dinner Roll Steamed Carrots Assorted Fruit Choice of Vegetable</p>	<p>Breakfast Homemade Donuts Choice of Fruit 100% Fruit Juice</p> <p>Lunch Homemade Plain Pizza Mixed Vegetables Assorted Fruit Choice of Vegetable</p>
May 23 rd	May 24 th	May 25 th	May 26 th	May 27 th
<p>Breakfast Fresh Smoothies Choice of Fruit 100% Fruit Juice</p> <p>Lunch Bosco Sticks w/ Marinara Sauce Shredded Hashbrowns Assorted Fruit Choice of Vegetable</p>	<p>Breakfast WG Breakfast Pizza Choice of Fruit 100% Fruit Juice</p> <p>Lunch Bacon Cheeseburger Steamed Broccoli Assorted Fruit Choice of Vegetable</p>	<p>Breakfast WG Dutch Waffle Choice of Fruit 100% Fruit Juice</p> <p>Lunch Super Nachos w/ Beef and Cheese Spiral Fries Assorted Fruit Choice of Vegetable</p>	<p>Breakfast Warm WG Muffin Choice of Fruit 100% Fruit Juice</p> <p>Lunch Orange Kissed Chicken Bowl Stir Fry Vegetables Assorted Fruit Choice of Vegetable</p>	<p>NO SCHOOL</p> 
May 30 th	May 31 st	 <p>Pittsburgh Regional Food Service Directors</p>		
<p>NO SCHOOL</p> 	<p>Breakfast Fresh Smoothies Choice of Fruit 100% Fruit Juice</p> <p>Lunch WG Open Faced Turkey Sandwich Emoticon Fries Assorted Fruit Choice of Vegetable</p>			

Fruit Options May Include:

- * Blueberries
- * Diced Peaches
- * Sliced Peaches
- * Diced Pears
- * Fresh Apple Slices
- * Fresh Orange
- * Mandarin Oranges
- * Mixed Fruit Cup
- * Petite Banana
- * Pineapple Tidbits
- * Red Delicious Apple
- * Sliced Peaches
- * Tropical Fruit Salad

Vegetable Options May Include:

- * Broccoli Salad
- * Cole Slaw
- * Crisp Baby Carrots
- * Crisp Celery Sticks
- * Fresh Broccoli Florets
- * Fresh Cucumber Slices
- * Fresh Red & Green Peppers
- * Garden Salad
- * Roasted Chickpeas

Deer Lakes School District
ELEMENTARY K-5 MENU



May/June
Menu



THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER
MENUS SUBJECT TO CHANGE

JUNE

AVAILABLE DAILY

ALTERNATE LUNCH ENTREE ITEMS



ITALIAN HOAGIE
PEANUT BUTTER AND JELLY SANDWICH
CHEF'S SALAD

CHOICE OF MILK/JUICE

FAT FREE, 1% WHITE, 1% CHOCOLATE,
1% STRAWBERRY, & 1% VANILLA MILK
ASSORTED 100% FRUIT JUICE

BREAKFAST

ASSORTED CEREAL, POPTARTS, MUFFINS, AND MUFFIN TOPS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		June 1 st	June 2 nd	June 3 rd
		Breakfast Fresh Smoothies Choice of Fruit 100% Fruit Juice Lunch Lancer Bowl Mashed Potatoes w/ Gravy Steamed Corn Assorted Fruit Choice of Vegetable	Breakfast WG Breakfast Pizza Choice of Fruit 100% Fruit Juice Lunch Walking Tacos w/ Beef and Cheese Spiral French Fries Assorted Fruit Choice of Vegetable	Breakfast Homemade Donuts Choice of Fruit 100% Fruit Juice Lunch Homemade Pepperoni Pizza Steamed Green Beans Assorted Fruit Choice of Vegetable
June 6 th	June 7 th	June 8 th		
Breakfast Warm WG Muffin Choice of Fruit 100% Fruit Juice Lunch French Toast Sticks w/ Sausage Patties Hashbrowns Assorted Fruit Choice of Vegetable	Breakfast WG Dutch Waffle Choice of Fruit 100% Fruit Juice Lunch WG Chicken Fries w/ WG Dinner Roll Steamed Corn Assorted Fruit Choice of Vegetable	Breakfast Warm WG Muffin Choice of Fruit 100% Fruit Juice EARLY DISMISSAL 		

Fruit Options May Include:

- * Blueberries
- * Diced Peaches
- * Sliced Peaches
- * Diced Pears
- * Fresh Apple Slices
- * Fresh Orange
- * Mandarin Oranges
- * Mixed Fruit Cup
- * Petite Banana
- * Pineapple Tidbits
- * Red Delicious Apple
- * Sliced Peaches
- * Tropical Fruit Salad

Vegetable Options May Include:

- * Broccoli Salad
- * Cole Slaw
- * Crisp Baby Carrots
- * Crisp Celery Sticks
- * Fresh Broccoli Florets
- * Fresh Cucumber Slices
- * Fresh Red & Green Peppers
- * Garden Salad
- * Roasted Chickpeas

Deer Lakes School District is an equal opportunity education institution and will not discriminate on the basis of race, color national origin, sex, age and handicap in its activities, programs or employment practices as required by Title VI, Title IX, Section 504 and further, with the PA Human Relations Act. For info. regarding civil rights or grievance procedures, contact the Title IX Coord. or the Section 504/ADA Title II Coord. at (724-265-5300). For info. regarding services, activities and facilities that are accessible to and usable by handicapped persons, contact the School Board Secretary (724-265-5300)