



DEER LAKES
SCHOOL DISTRICT
Today's Learners. Tomorrow's Leaders



ELEMENTARY K-5
May-June
MENU

AVAILABLE DAILY

ALTERNATE LUNCH ENTREE ITEMS

ITALIAN HOAGIE
PEANUT BUTTER AND JELLY SANDWICH
CHEF'S SALAD

CHOICE OF MILK/JUICE

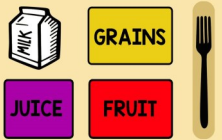
FAT FREE, 1% WHITE, 1% CHOCOLATE,
1% STRAWBERRY, & 1% VANILLA MILK
ASSORTED 100% FRUIT JUICE

BREAKFAST

ASSORTED CEREAL, POPTARTS, MUFFINS, AND MUFFIN TOPS

What Makes A
BREAKFAST

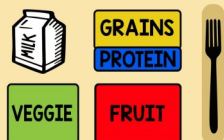
SELECT 3 ITEMS:



one must be a
FRUIT or **JUICE**

What Makes A
LUNCH

SELECT 3-5 ITEMS:



one must be a
FRUIT or **VEGGIE**



PRFSD
Pittsburgh Regional Food Service Directors

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
May 1st	May 2nd	May 3rd	May 4th	May 5th
Breakfast Fresh Smoothies Choice of Fruit 100% Fruit Juice Lunch Chicken Patty Sandwich Steamed Broccoli Assorted Fruit Choice of Vegetable	Breakfast WG Breakfast Pizza Choice of Fruit 100% Fruit Juice Lunch Breakfast for Lunch!!! French Toast Sicks w/ Hashbrowns and Sausage Assorted Fruit Choice of Vegetable	Breakfast WG Dutch Waffle Choice of Fruit 100% Fruit Juice Lunch Pulled Pork Sandwich w/ Onion Rings Assorted Fruit Choice of Vegetable	Breakfast Breakfast Sandwich Choice of Fruit 100% Fruit Juice Lunch Lancer Bowl Mashed Potatoes & Gravy w/ Steamed Corn Assorted Fruit Choice of Vegetable	Breakfast Homemade Donuts Choice of Fruit 100% Fruit Juice Lunch Homemade Plain Pizza Waffle Fries Assorted Fruit Choice of Vegetable
May 8th	May 9th	May 10th	May 11th	May 12th
Breakfast Fresh Smoothies Choice of Fruit 100% Fruit Juice Lunch Stir Fry Chicken w/ Brown Rice Mixed Vegetables Assorted Fruit Choice of Vegetable	Breakfast WG Breakfast Pizza Choice of Fruit 100% Fruit Juice Lunch Mac N' Cheese w/ Breadstick Roasted Broccoli Assorted Fruit Choice of Vegetable	Breakfast WG Dutch Waffle Choice of Fruit 100% Fruit Juice Lunch Toasted Italian Hoagies Steamed Carrots Assorted Fruit Choice of Vegetable	Breakfast Breakfast Sandwich Choice of Fruit 100% Fruit Juice Lunch Bacon Cheese Burgers French Fries Assorted Fruit Choice of Vegetable	Breakfast Homemade Donuts Choice of Fruit 100% Fruit Juice Lunch Homemade Plain Pizza Waffle Fries Assorted Fruit Choice of Vegetable
May 15th	May 16th	May 17th	May 18th	May 19th
Breakfast Fresh Smoothies Choice of Fruit 100% Fruit Juice Lunch Boneless Chicken Wings w/ Sauce on Side Straight Cut Fries Assorted Fruit Choice of Vegetable	Breakfast WG Breakfast Pizza Choice of Fruit 100% Fruit Juice Lunch Chicken Quesadillas w/ Sour Cream and Salsa Steamed Corn Assorted Fruit Choice of Vegetable	Breakfast WG Dutch Waffle Choice of Fruit 100% Fruit Juice Lunch Hot Turkey and Cheese on a Pretzel Bun Potato Wedges Assorted Fruit Choice of Vegetable	Breakfast Breakfast Sandwich Choice of Fruit 100% Fruit Juice Lunch Chicken Nuggets Tater Tots Assorted Fruit Choice of Vegetable	Breakfast Homemade Donuts Choice of Fruit 100% Fruit Juice Lunch Homemade Plain Pizza Waffle Fries Assorted Fruit Choice of Vegetable



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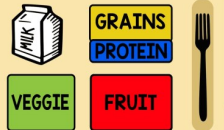
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What Makes A
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SELECT 3-5 ITEMS:



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FRUIT or **VEGGIE**



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Pittsburgh Regional Food Service Directors

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
May 22 th	May 23 th	May 24 th	May 25 th	May 26 th
<p>Breakfast Fresh Smoothies Choice of Fruit 100% Fruit Juice</p> <p>Lunch BBQ Rib Sandwich Roasted Red Potatoes Assorted Fruit Choice of Vegetable</p>	<p>Breakfast WG Breakfast Pizza Choice of Fruit 100% Fruit Juice</p> <p>Lunch Italian Dunkers w/ Marinara Spiral Fries Assorted Fruit Choice of Vegetable</p>	<p>Breakfast WG Dutch Waffle Choice of Fruit 100% Fruit Juice</p> <p>Lunch Chicken Parmesan Sandwich Roasted Cauliflower Assorted Fruit Choice of Vegetable</p>	<p>Breakfast Breakfast Sandwich Choice of Fruit 100% Fruit Juice</p> <p>Lunch Hot Dog on a Bun French Fries Assorted Fruit Choice of Vegetable</p>	
May 29 th	May 30 th	May 31 th	June 1 st	June 2 nd
	<p>Breakfast WG Breakfast Pizza Choice of Fruit 100% Fruit Juice</p> <p>Lunch Chicken Corn Dog Nuggets Steamed Green Beans Assorted Fruit Choice of Vegetable</p>	<p>Breakfast WG Dutch Waffle Choice of Fruit 100% Fruit Juice</p> <p>Lunch Pasta Bar w/ Breadstick Steamed Broccoli Assorted Fruit Choice of Vegetable</p>	<p>Breakfast Breakfast Sandwich Choice of Fruit 100% Fruit Juice</p> <p>Lunch Grilled Cheese Sandwiches Steamed Carrots Assorted Fruit Choice of Vegetable</p>	<p>Breakfast Homemade Donuts Choice of Fruit 100% Fruit Juice</p> <p>Lunch Homemade Plain Pizza Waffle Fries Assorted Fruit Choice of Vegetable</p>
June 5 th	June 6 th	June 7 th	June 8 th	
<p>Breakfast Fresh Smoothies Choice of Fruit 100% Fruit Juice</p> <p>Lunch Chicken Tenders Steamed Carrots Assorted Fruit Choice of Vegetable</p>	<p>Breakfast WG Breakfast Pizza Choice of Fruit 100% Fruit Juice</p> <p>Lunch Manager's Choice Assorted Fruit Choice of Vegetable</p>	<p>Breakfast WG Dutch Waffle Choice of Fruit 100% Fruit Juice</p> <p>Lunch Manager's Choice Assorted Fruit Choice of Vegetable</p>	<p>Breakfast Breakfast Sandwich Choice of Fruit 100% Fruit Juice</p> <p>Early Dismissal</p> <p>LAST DAY OF SCHOOL</p>	